

CCPlus dance | fun | fitness



My Chance to Dance

Dance/Exercise Program for People With Special Needs



CCPlus @ The Center 300 N. Groesbeck Hwy, Mount Clemens, MI 48073 | 586.463.3277
 Your First Class is Free!! Grab your friends and come enjoy great music, dances, and have fun while getting fit!!

Current Schedule (updated 11/30/17)

www.facebook.com/mychancetodance

www.ccplusfitness.com

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Sterling 6:30-7:30pm	St Clair Shores 6:30-7:30pm All Ages first class 9/12		Troy 7-8pm Teen/Adult		
Participant in Michigan Special Olympics Games since 2003!		Winner of the 2002 Governor's Amateur Athletic Award!			
<p>JOIN ANYTIME!! WHEELCHAIRS AND WALKERS WELCOME!! Parents and Caregivers are invited to attend at no charge Contact Peggy for more information at (586) 801-4902 or specialneeds@ccplusfitness.com</p>					

ST CLAIR SHORES

Rodgers Elementary School Cafeteria
 Harper Rd. South of 12 Mile Rd.
 last class 12/12, class resumes 1/16

TROY

Troy Parks and Recreation
 3179 Livernois
 Room 504, Near North Entrance
 Ongoing, no class 12/20, 12/27, class resumes: 1/4

STERLING HEIGHTS

Sterling Heights Senior Center, Utica Rd.; East of Dodge Park
 Fall Session 2: 11/6 - 12/11
 Winter Session 1: 1/8 - 2/26, no class 1/15 or 2/19, no class on 3/6 unless makeup date n
 Winter Session 2: 3/12 - 4/23, no class on April 2
 Spring Session 1: 4/30 - 6/11, no class on 5/28

To register, please visit:
<https://registration.sterling-heights.net>

